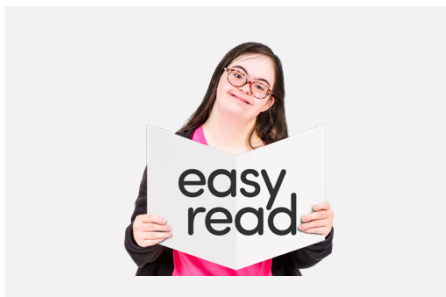
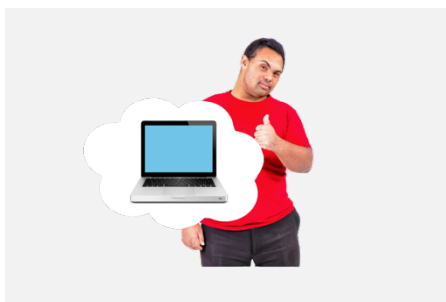


About Digital Inclusion



This easy read sheet is about **digital inclusion**.

It is about using technology and the internet.



In this sheet we explain

- what digital inclusion means
- where you can learn more
- who can help.

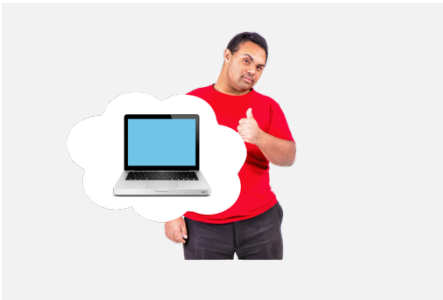


Western Australian Council of Social Service (**WACOSS**) made this sheet.



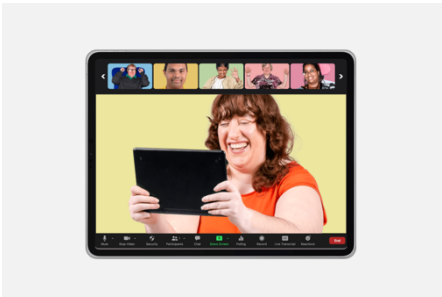
You can ask someone to help you read this sheet.

What is digital inclusion?



Digital inclusion means:

Everyone should be able to use technology and the internet if they want to.

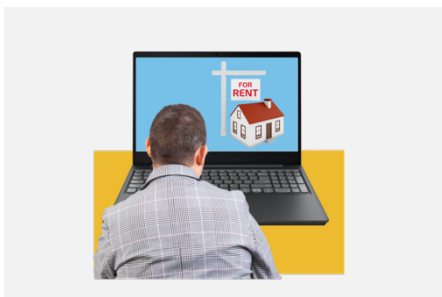


Everyone should be able to use technology and the internet safely.



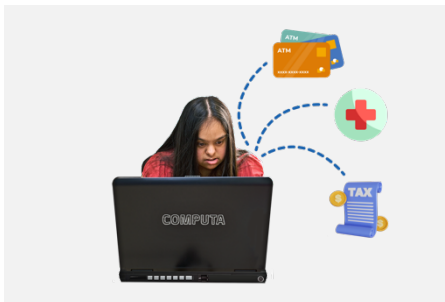
Having digital skills can be helpful.

There are lots of good things about using the internet and going online.



It can help you to do things in everyday life.

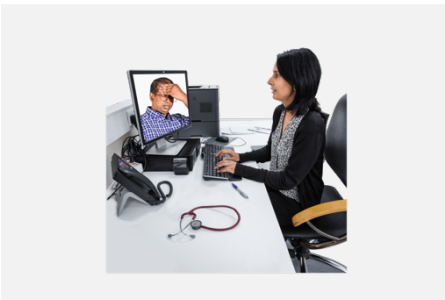
It can help you find important information.



You can use the internet to get services.

You can use online services like

- Government services
- health services
- online banking.

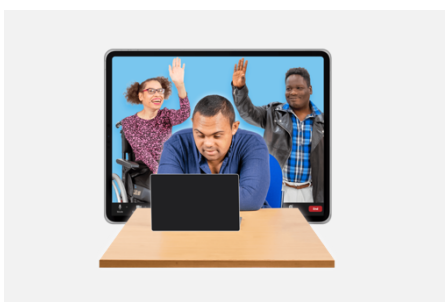


You can use the internet to find support or help.

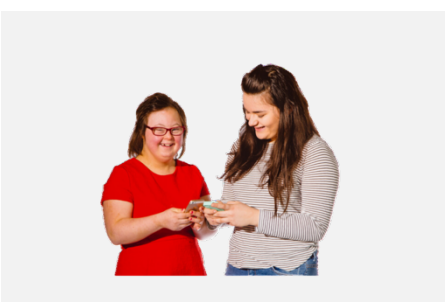


You can find places to help you with

- getting a job
- finding a place to live
- learning new skills.



You can use the internet to connect with other people.



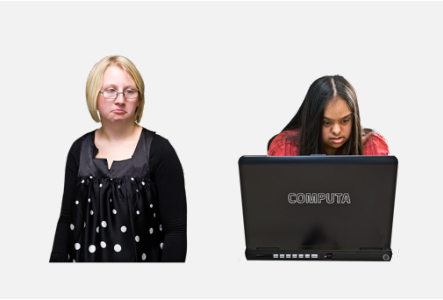
For example, you can

- send an email
- send messages
- make a video call
- use social media.

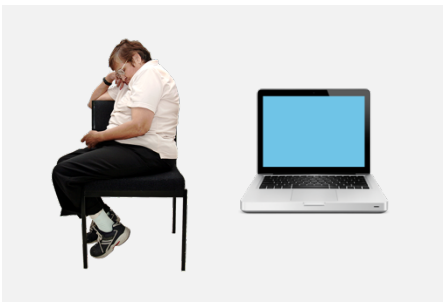


Being able to do all these things helps you to be included.

You can do the same things as other people in your community.



Sometimes people cannot go online and use the internet.



This means they are not included.

They cannot use technology for the same things that other people can.



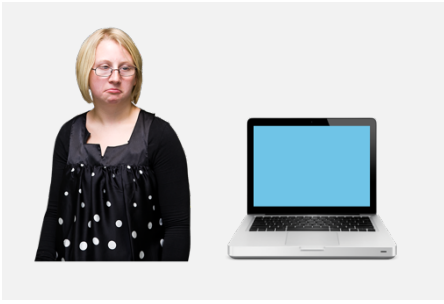
Some people might not have **access**.

They might not have the technology they need to go online.

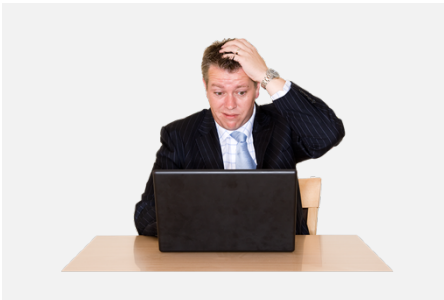


For example:

- if they do not have a smartphone or a computer
- if they do not have good internet.

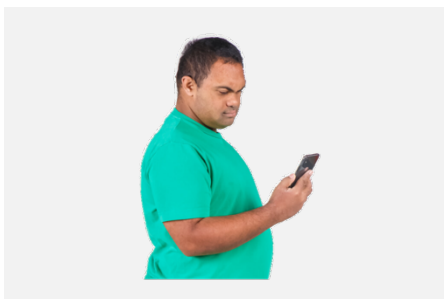


Some people might not be **able** to go online.



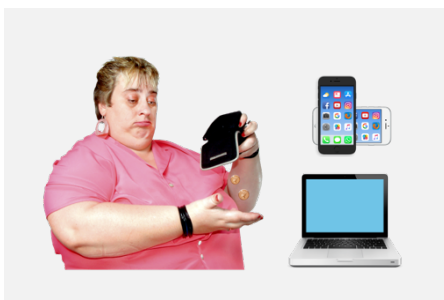
They might not know a lot about technology.

Or they might not know how to use the internet.



They might not know how to use **devices** like

- a smart phone
- a tablet or iPad
- a computer.



Sometimes people cannot **afford** technology.

They do not have the money for devices or the internet.

Finding support



Even when someone has these problems, there is plenty of help.

There are places and people who can support you.



We made a website for people in Western Australia.

This website helps people to learn about technology and the internet.



The website is also for community workers and trainers.



There are lots of helpful resources to help you get online.

You can find our website here:

<https://digitalinclusionwa.org.au/>

Who can help



You might have questions about using technology and getting online.

You can get help, ideas and support from other people.



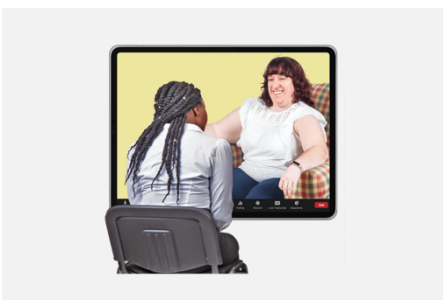
People who can help:

- friends and family
- people in the community that you trust
- support workers.



You can ask a community worker or support worker to help you.

They can help you learn more about technology and the internet.



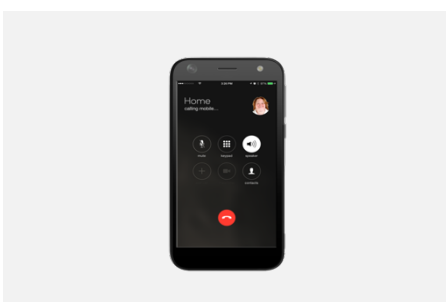
There are also organisations that can help if

- you need support to use technology
- you are worried about your safety online.

About us



If you have questions you can contact the Digital Inclusion team at WACOSS.



Phone:

[0863815300](tel:0863815300)



Email:

digitalinclusion@wacoss.org.au



Digital Inclusion Website:

<https://digitalinclusionwa.org.au>

WACOSS wrote this sheet in April 2023.

Easy Read by [Easy to Read](#)

Images by Photosymbols